



2008 TRAIL RUNNING SERIES



Presented by the

San Angelo Road Lizards

www.roadlizards.org

Race dates/distances: * January 19, 10K * February 2, 12 K * February 23, 15K

Start time: All races will start at 9:00 am, registration opens at 8:15 am

Location: Middle Concho Park/Spillway Hill, San Angelo Texas. Exit Knickerbocker to the right on Red Bluff Road, and follow Red Bluff until it dead ends into Middle Concho Park. Turn right inside the park and go toward the back gate (the start and finish will be near the back gate). [Click here for MapQuest directions.](#)

Entry fee: \$10 per race. T-shirts for racers who pre-register for all three series races. After race refreshments provided, wildlife viewing free of charge. [Click here for on-line registration.](#)

Awards: Awards will be 1st/2nd/3rd in each category based on overall series results for three races. Scoring will be based on points for overall finishing order in each race (i.e., 1st overall = 1 point and 5th overall = 5 points). “Did not Start” or “Did not Finish” will receive 1 point more than the last overall finisher.

Categories: Female and Male 14 and under, 15-29, 30-39, 40-49, 50+

Course descriptions: Off-road runs on unimproved dirt roads and trails on and around Spillway Hill. A different course will be marked for each series race. Courses may include sections of sand, rocks, old 4WD roads, and short “surprise” sections up or down Spillway Hill. No weather cancellations - races will go rain, shine, snow, or wind. Some races may use a two lap course. No aid stations on the course - BYOB.

Benefit for: Net proceeds will go to San Angelo Road Lizards running club. Contact Bill Cullins 223-9321 or email bcullins@verizon.net for more information on this series.

ENTRY AND RELEASE FORM

[On-line registration](#)

Last name _____ First name _____

Category (circle): Male Female Age _____

Date of birth: _____

Address _____ City _____ Zip _____

Emergency contact: Name _____ Phone: _____

“In consideration for the opportunity to participate in this race, I hereby remiss, release, and forever discharge the San Angelo Road Lizards, Road Runners Club of America, sponsoring organizations, their members, the City of San Angelo, and all persons staffing this race in any capacity for any claims and demands as a result of participating in this event. I fully understand that trail running will include running over rocks, loose and rutted surfaces, mud, sand, logs, thorny plants, and other obstacles not described here. I also certify that I am in good physical condition and have trained sufficiently to safely complete this race.”

Signature of participant _____ Date _____ (parent if under 18)