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## Race info

### IMPORTANT DATES & EVENTS

The RRCA 50th Anniversary Convention May 1-4, 2008



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DRC President Libby Jones and K2 at the DRC Half the 2007 Southern Region Half Marathon Championship



## RRCA North TX Newsletter

December 2007

### *From ~K2*

Holiday Greetings Texas Runners!

As we approach the end of the year it is important that your club or event renew your RRCA membership. See page 2 for more details.

Back at the beginning of the year I encourage you to have at least one running goal that is 100% fun-focused. A goal with absolutely no time associated with it. Likely something you've never done before such as running farther than you ever have, running your first trail race, doing a Mud Run, an adventure race, pacing someone to their new PR (as a registered racer, of course), crewing at an Ultra and so on. I hope you all achieved this and I'd enjoy hearing your success stories. If you, a member of your club or the club as a whole achieved a special goal in 2007 please send me the details by December 15<sup>th</sup> and I'll feature the stories in the January edition of the RRCA North TX Newsletter.

Several of the RRCA National Awards are first issued at the regional level. Regional winners go onto compete at the national level. Any day now we should hear who the Southern Region winners are. TX had multiple nominees and I'm hopeful (even confident) we'll have more than a few winners. I wish everyone could win, unfortunately they can't but every nominee is a champion of our sport and we're fortunate to have so many talented, good-natured athletes and ambassadors of our sport right here in TX.

### **Pigs, Trails and Trips... '08 is starting to sound great!**

Mark your calendar now to save these key dates: the last weekend in February and the first weekend in May. Details coming soon...

Have a jolly time at all the Jingle Bell Jogs, Reindeer Runs and holiday parties.

~K2

# News from the National Office



The RRCA logo should be used on all media and materials, including but not limited to:

- Race T-shirts
- Race brochures
- Club newsletter
- Membership forms
- Sponsorship letters
- Thank you letters

Your web site (include a link to the RRCA web site too)

For free copies of the RRCA logo go to:  
<http://www.rrca.org/services/branding/>



## December issue of FOOTNOTES now available on-line

We are pleased to bring you the December 2007 issue of FOOTNOTES: for the members of the RRCA by the members. We encourage everyone to visit the RRCA website and read the publication on-line or download and print the file to read on the go:

<http://rrca.org/resources/footnotes/20071201footnotes.pdf>

To promote your membership publication, be sure to include this announcement in your club or event's newsletter and post the link and cover image for FOOTNOTES on the homepage of your club's website.

If you would like to contribute royalty free images or content to future issues of FOOTNOTES, contact Sandy Walton at [footnotes@rrca.org](mailto:footnotes@rrca.org).

## 2008 Membership dues

The RRCA club and event membership runs on the CALENDAR YEAR. Members that joined or renewed mid-year will need to renew their membership by January 1st.

**2007 memberships expire at midnight December 31. That means liability & D and O insurance expires too.**

All members should have received dues and insurance fee information by now (packages were mailed to the club contact on-file).

Please contact Jessica Sleight at [membership@rrca.org](mailto:membership@rrca.org) if you have any questions regarding membership information or the renewal process.

## NATIONAL VOLUNTEER CERTIFICATE AWARD Nomination deadline extended to December 31<sup>st</sup>.

We have dedicated volunteers in our clubs that have 2000 + hours of service who haven't been recognized. The National Office has extended the deadline for nominating deserving people for this award to December 31<sup>st</sup>. Please take advantage of this extended opportunity in your clubs.

No write-up is required just submit their names on the nomination form found at:

<http://rrca.org/services/awards/awardnomform.doc>

**GATORADE SPONSORSHIP**- Did you know the value of Gatorade product donation to RRCA Championship events is over \$125,000 and this does not include the shipping cost of the materials so the value is actually higher? Their in-kind donation to our events coupled with their financial support of the RRCA is outstanding. Free Gatorade is just one of many benefits State/Regional Championship races receive!



# North TX Club News



## DRC Half Marathon RRCA Southern Region Half Marathon Championship is HUGE Success!

**Congratulations** to the DRC for putting on a first-class event, all 3,000 runners that participated in the race and the 2007 RRCA Southern Region Half Marathon Champions!

Overall Male:	Richard Kimeli 1:06:15
Overall Female:	Rose Kosgei 1:15:44
Masters Male:	Dan Boyle 1:13:44
Masters Female:	Sheila Natho 1:29:30
Grandmasters Male:	Don Hall 1:27:49
Grandmasters Female:	Enid Schantz-Hagelbe 1:39:33

**FREE RACE SERVICE**

List all of your races on the RRCA Race Calendar  
Go to:  
RRCA.org then click on "Post Your Event for Free"

## Featured Club Abilene Runners Club



[Abilenerunners.com](http://Abilenerunners.com)

### Membership includes:

- Club T-Shirt
- Subscription to Inside Texas Running
- Reduced registration fee for races

### Places to run:

- Red Bud Park -- 1.5 mile asphalt loop and 1.0 mile asphalt loop
- Nelson Park -- 1.65 mile asphalt loop and 1.0 mile asphalt loop
- Steamboat Mountain -- 13 mile loop on asphalt county roads

## 10<sup>th</sup> Annual Bold in the Cold 5k and RRCA Texas State 15k Championship



January 19, 2008  
8:00 AM

Oak Grove Park Grapevine, TX

- ❖ Award-winning coffee cups given to the first 300 registered runners
- ❖ Overall Male & Female, Masters Male & Female, Grandmasters Male & Female and five-year age group awards given
- ❖ For more information on the 10<sup>th</sup> Annual Bold in the Cold 5K & 15K RRCA Texas State Championship go to [Runnersandwalkers.com](http://Runnersandwalkers.com)



# **TX State Championship Races**

## **Regional Championship Races**

### National Championship Races

**2008 RRCA Texas State Championship Status for some Race Distances are still available.**

**Bid forms can be found at:**

**<http://www.rrca.org/programs/championships/rrcachinf.pdf>**

For more information or to submit bids contact K2 at:

**[RRCANorthTXRep@aol.com](mailto:RRCANorthTXRep@aol.com)**

The RRCA awards championships at the State, Regional, and National Level to help the host club secure to high-quality athletes and attract added sponsor, civic, and media support.

For the average runner this means increased excitement and additional benefits, and for the elite runner a chance to gain wider recognition. A Championship designation communicates to athletes and others that the race organizers have agreed to meet certain required standards and utilize approved guidelines in the conduct of the event.

Championship Events may qualify to receive the following benefits:

- ▶ Gatorade
- ▶ FuelBelt, Inc premiums
- ▶ Discounted services from Active.com
- ▶ Preferred pricing on participant shirts from sportscience
- ▶ National and Regional Championships receive six awards from the RRCA for their overall, masters and grandmasters winners
- ▶ All RRCA Championship Events may check-out a RRCA Championship banner from their State Rep, Regional Director, or the National Office