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## Championship Race info

### IMPORTANT DATES & EVENTS

National Run @ Work Day  
September 19, 2008

The RRCA 50th Anniversary  
Convention May 1-4, 2008



RRCA North TX Rep  
Kelly "K2" Richards  
RRCANorthTXRep@aol.com  
817 201-1212



Happy Holidays from K2 in  
the great white north of MN



## RRCA North TX Newsletter



January 2008

### *From ~K2*

Happy New Year Texas Runners!

Hopefully everyone remembered to renew their annual RRCA membership. See page 2 for more details.

Last month I alluded to:

### **Pigs, Trails and Trips... '08 is starting to sound great!**

Hopefully it was obvious that the Pig and Trip reference is about the 50<sup>th</sup> Anniversary Convention held in conjunction with the Flying Pig Marathon. Start your training and trip planning now, the convention is only four months away!

As for the Trails and Trip teaser see the 2008 Trail Running Series Presented by the San Angelo Road Lizards story on page 3.

Congratulations and a heartfelt THANK YOU for all you do for the sport of running to each of the North TX recipients of the National Road Runners Club of America Volunteer Certificate Award:

- ★ Marcus Grunewald Wellstone Dallas White Rock Marathon
- ★ Paula Robertson Dallas Running Club and Heels and Hills Half Marathon
- ★ Susan Barnett Lake Grapevine Runners and Walkers
- ★ Ray Harris Lake Grapevine Runners and Walkers
- ★ Terry Shaner San Angelo Road Lizards
- ★ Bill Cullins San Angelo Road Lizards
- ★ Kay Thompson San Angelo Road Lizards

This certificate is awarded for outstanding volunteerism in recognition of those individuals that have volunteered 2,000 or more hours to the sport of running.

I hope 2008 is a year filled with happiness, prosperity and PRs for all!

~K2

# News from the National Office

## 2008 Membership dues

The RRCA club and event membership runs on the CALENDAR YEAR. Members that have not paid by January 1, 2008, are over due.

Please renew today if you haven't done so already. Thank you to everyone that renewed in a timely manner.

**2007 memberships expired at midnight December 31. That means liability & D and O insurance expired too.**

Please contact Jessica Sleight at [membership@rrca.org](mailto:membership@rrca.org) if you have any questions regarding membership information or the renewal process.

## RRCA Mourns loss of Ted Corbitt-running pioneer

Ted Corbitt, one of the greatest leaders in long distance running, passed away on December 12, 2007 at the age of 88 from cancer. Corbitt is celebrated for his 1952 Olympic performance, his successful ultra running career, and his dedication to building the sport of long distance running in the US.

Shortly after the founding of the Road Runners Club of America in February 1958, Corbitt founded the first RRCA chapter in April 1958, the New York Road Runners Club (now the New York Road Runners).

In 1960, Corbitt was elected as the second president of the RRCA at the Annual Meeting of the Membership.

"Those were tough days, days of survival [for the RRCA]," Corbitt once wrote. "Instead of recognizing the good work the RRCA was doing to promote distance running, the Amateur Athletic Union (AAU) refused to admit the RRCA as a member club and took the position that the RRCA was illegal." In those days, the AAU was the ruling body of sport; they advised the RRCA to function solely as a social or fraternal group and not conduct races.

Under the leadership of Corbitt, the RRCA began work on a booklet about accurately measuring road running courses. The booklet was officially published by the RRCA in 1964 and laid the foundation for modern day course measurement.

Throughout his life, Corbitt remained an active member of the New York Road Runners and a dedicated advocate for the sport of distance running. He was inducted in the RRCA Long Distance Running Hall of Fame in 1972. He received the Browning Ross Spirit of the RRCA Award in 2000. He was honored as a Hero of Running in 2007 by Runner's World, and the list of accomplishments goes on



**The RRCA logo should be used on all media and materials, including but not limited to:**

**Race T-shirts  
Race brochures  
Club newsletter  
Membership forms  
Sponsorship letters  
Thank you letters**

**Your web site (include a link to the RRCA web site too)**

**For free copies of the RRCA logo go to:  
<http://www.rrca.org/services/branding/>**

In 2008 the Road Runners Club of America will celebrate the 50th Anniversary of the organization's founding. In celebration of this major milestone, the RRCA is pleased to introduce the commemorative 50th Anniversary RRCA logo and tagline, Running the Nation for 50 Years! ®





# North TX Club News



## 10<sup>th</sup> Annual Bold in the Cold 5k and RRCA Texas State 15k Championship



January 19, 2008  
8:00 AM

Oak Grove Park Grapevine, TX

- ❖ Award-winning coffee cups given to the first 300 registered runners
- ❖ Overall Male & Female, Masters Male & Female, Grandmasters Male & Female and five-year age group awards given
- ❖ For more information on the 10<sup>th</sup> Annual Bold in the Cold 5K & 15K RRCA Texas State Championship go to [Runnersandwalkers.com](http://Runnersandwalkers.com)

### FREE RACE SERVICE

List all of your races on  
the RRCA Race  
Calendar  
Go to:

RRCA.org then click on  
“Post Your Event for Free”

### 2008 Trail Running Series Presented by the San Angelo Road Lizards



The San Angelo Road Lizards have extended a friendly invitation (or was it a challenge?) to all runners in the “Big Bad Metroplex” to participate in their series-ending 15k trail race on February 23, 2008, in San Angelo, TX. It seems the SARL are under the impression city folk might melt if they get mud on their trail shoes, if they even own a pair of trail shoes. Yes, the smack talk has already begun. Runners are runners whether they live in the city or in the middle of nowhere so the SARL understand that as good Texas hosts’ special attention should be paid to the hydration needs of anyone making the trip. Trails, beverages and bragging rights... perfect ingredients for the making of a running road trip.

For more information on any of the races in the series contact Bill at [bcullins@verizon.net](mailto:bcullins@verizon.net).

### FEATURED CLUB *Team*



### *Texarkana*

Team Texarkana meets three times weekly;  
Tuesday morning for a track workout and  
Saturday and Sunday at 7:00 am.  
They can be found on the web at:

[www.geocities.com/Colosseum/Stadium/9082/](http://www.geocities.com/Colosseum/Stadium/9082/)

**2008 RRCA  
Texas State  
Championship  
Status for some  
Race Distances is  
still available.**



**Bid forms can be  
found at:  
RRCA.org**

**Click on:  
Championship  
events  
Championship  
Bidding  
Information and  
Forms**

For more  
information or to  
submit bids contact  
K2 at:  
RRCANorthTXRep@aol.com

# **TX State Championship Races**

## **Regional Championship Races**

### National Championship Races

The RRCA awards championships at the State, Regional, and National Level to help the host club secure to high-quality athletes and attract added sponsor, civic, and media support.

For the average runner this means increased excitement and additional benefits, and for the elite runner a chance to gain wider recognition. A Championship designation communicates to athletes and others that the race organizers have agreed to meet certain required standards and utilize approved guidelines in the conduct of the event.

Championship Events may qualify to receive the following benefits:

- ▶ Gatorade
- ▶ FuelBelt, Inc premiums
- ▶ Discounted services from Active.com
- ▶ Preferred pricing on participant shirts from sportscience
- ▶ All RRCA Championship Events may check-out a RRCA Championship banner from their State Rep, Regional Director, or the National Office
- ▶ National and Regional Championships receive six awards from the RRCA for their overall, masters and grandmasters winners

