

29 FEB 16

Road Lizards – a note to let you know a lot is going on! A lot of choices for you!

CATCH-UP ITEMS

Board meeting held on Feb 15: another great discussion. Minutes will be posted within a few days. Mark your calendars -- NEXT Board meeting is planned for March 22. We need to discuss the purpose of SARL (build a vision) and then go over some great marketing ideas presented by Carlee.

Shannon Trail Series 2016 is a wrap. WOW, almost 500 runners over the 3 races with 186 runners at the last race; times and results posted. The Show Donation Box was a big hit. Thanks!

Now for the bad news...

I apologize – there were a few discrepancies with all the score keeping and there are a few people that need to be recognized. It may change the standings a little bit, but those who got medals at our awards on Feb 20th deserve them:

- Missed Brian Carroll completely. 2nd in 20-29 long course
- Paige Lombard missed the 3rd race, but actually still had enough points to take 1st in her 20-29 Long Course Division
- Roxanne Arispe also had enough points to place 3rd in the 40-49 Short Course division even though she wasn't there
- There were a few other movements, but those were the biggies. Sorry, again.

GREAT NEWS – Trail Series T-Shirts. If you did not pick up your T, Happy Trails is holding them. Ask for them at the desk.

NEWS

We have volunteers to direct the Relay for Life – thanks Mercedes Rassi and Bill Cullins!

Membership news – April is putting together a **long sleeve T-shirt** order – only available if you are a SARL 2016 member and they will cost an additional \$10-15. If

you want one, stand by. She will get more information out shortly. AND, those that need to pick up their Ts, they are at Randy's Bike and Run (and more smalls will be ordered soon; will keep you posted).

NEXT UP: Mar 12, Crazy Desert Trail Race 5 at the Equestrian Gate near the north gate of the gate Park. Jeff laid out a good portion of the course this weekend. 130 runners, yes 130, signed up. There is a cut-off limit so sign up now!

Other Calendar events: (March starts getting busy!)

Mar 5: Young Lives 5K Diaper Dash Inaugural race. Call Cera at (707)315-3992 FMI

Mar 12: CDTR5

Mar 19: Habitat for Humanity Bunny Run. See SARL website FMI

Mar 26: Hash Run (calendar CHANGE); Moonlight Run is now Apr 23.

The Police Games in June are OPEN to public. They have a 5K and 10K races during the week. Sign up to support your local law enforcement

HOT OFF THE PRESS: The Bison Bustle Team Duathlon and 5K race is scheduled for April 30. Stay tuned – it offers a unique format, great trail run, and pancakes afterwards. More to come, so mark your calendars – it is a joint SABA, RWB and SARL effort and I would like us to fully support it.

HEB Texas Community Challenge is ongoing -- go to: www.ittcommunitychallenge.com to register.

For those that read the book, **Born to Run** (just about all of us??) the promoter for the film Run Free: **The True Story of Caballo Blanco**, which we are bringing to San Antonio at the Bijou Cinema & Bistro on the night of Tuesday, March 29 as part of our 2015-16 nationwide tour. See www.imathlete.com/events/runfree FMI. I am going to see it in Austin on the 28th.

Finally, for something a little different...a bunch of us are going to participate in the Texas Water Marathon on May 7. Looking for something different, let us know – you are welcome to join us!

For Kent:

“A good run is much like a cup of coffee...I am much nicer after I have had one!”

Keep on the trails!
Mike