

# 4 Hour Timed Race

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
1	TIMOTHY FISETTE	SAN ANGELO, TX	M: 1	RUNNER	144	Laps: 7 03:40:17.31	7	N/A	Overall Male 4 Hour: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:26.674	10:07	5.9mph	00:31:26.674
						Split 2	00:30:21.544	09:46	6.1mph	01:01:48.218
						Split 3	00:22:05.731	07:06	8.4mph	01:23:53.949
						Split 4	00:35:20.652	11:22	5.3mph	01:59:14.601
						Split 5	00:32:06.328	10:20	5.8mph	02:31:20.929
						Split 6	00:33:22.547	10:44	5.6mph	03:04:43.476
						Split 7	00:35:33.839	11:26	5.2mph	03:40:17.315
2	STEFANY KNICKELBEIN	SAN ANGELO, TX	F: 1	RUNNER	122	Laps: 6 03:25:27.95	6	N/A	Overall Female 4 Hour: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:33:40.184	10:50	5.5mph	00:33:40.184
						Split 2	00:33:52.304	10:54	5.5mph	01:07:32.488
						Split 3	00:34:30.827	11:06	5.4mph	01:42:03.315
						Split 4	00:34:47.494	11:11	5.4mph	02:16:50.809
						Split 5	00:34:12.743	11:00	5.4mph	02:51:03.552
						Split 6	00:34:24.407	11:04	5.4mph	03:25:27.959
3	KENT FISH	SAN ANGELO SAN ANGELO, TX	M: 2	RUNNER	194	Laps: 6 03:26:08.51	6	N/A	Overall Male 4 Hour: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:03.990	09:59	6.0mph	00:31:03.990
						Split 2	00:32:22.379	10:25	5.8mph	01:03:26.369
						Split 3	00:35:25.898	11:24	5.3mph	01:38:52.267
						Split 4	00:35:52.840	11:32	5.2mph	02:14:45.107
						Split 5	00:37:50.473	12:10	4.9mph	02:52:35.580
						Split 6	00:33:32.936	10:47	5.6mph	03:26:08.516
4	LYNN ZARUBA	SAN ANGELO, TX	M: 3	RUNNER	132	Laps: 6 03:29:03.03	6	N/A	Overall Male 4 Hour: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:33:59.729	10:56	5.5mph	00:33:59.729
						Split 2	00:37:47.570	12:09	4.9mph	01:11:47.299
						Split 3	00:35:32.035	11:26	5.2mph	01:47:19.334
						Split 4	00:36:33.694	11:46	5.1mph	02:23:53.028
						Split 5	00:35:40.773	11:29	5.2mph	02:59:33.801
						Split 6	00:29:29.233	09:29	6.3mph	03:29:03.034
5	IAN HERNANDEZ	SUGAR LAND, TX	M: 4	RUNNER	137	Laps: 6 03:38:55.04	6	N/A	Overall Male 4 Hour: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:41:34.847	13:23	4.5mph	00:41:34.847
						Split 2	00:27:49.031	08:57	6.7mph	01:09:23.878
						Split 3	00:29:58.118	09:38	6.2mph	01:39:21.996
						Split 4	00:42:38.789	13:43	4.4mph	02:22:00.785
						Split 5	00:35:57.406	11:34	5.2mph	02:57:58.191
						Split 6	00:40:56.849	13:10	4.6mph	03:38:55.040
6	SUSAN TERRY	SWEETWATER, TX	F: 2	RUNNER	189	Laps: 6 03:45:07.83	6	N/A	Overall Female 4 Hour: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:36:55.393	11:53	5.0mph	00:36:55.393
						Split 2	00:35:48.095	11:31	5.2mph	01:12:43.488
						Split 3	00:36:52.096	11:52	5.1mph	01:49:35.584
						Split 4	00:36:39.382	11:47	5.1mph	02:26:14.966
						Split 5	00:38:10.552	12:17	4.9mph	03:04:25.518
						Split 6	00:40:42.313	13:06	4.6mph	03:45:07.831
7	TIMOTHY SMITH	SAN ANGELO, TX	M: 5	RUNNER	187	Laps: 6 03:51:57.31	6	N/A	Overall Male 4 Hour: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:32:23.866	10:25	5.8mph	00:32:23.866
						Split 2	00:37:38.802	12:07	5.0mph	01:10:02.668
						Split 3	00:37:51.713	12:11	4.9mph	01:47:54.381
						Split 4	00:37:21.076	12:01	5.0mph	02:25:15.457
						Split 5	00:44:22.924	14:17	4.2mph	03:09:38.381
						Split 6	00:42:18.929	13:37	4.4mph	03:51:57.310

